

Washington State Interventional Psychiatry/Brain Stimulation Directory

October 2019

Collated for attendees of Washington State Psychiatric Association 2019 Fall Meeting

Inclusion in this directory does not imply endorsement of any individual practice, group, provider, or treatment modality.

Information was gathered from practice websites, online databases, and other professional resources – with some gaps filled in via direct contact with clinic(s). Information is correct to the best of our knowledge as of October 10, 2019.

Directory assembled on behalf of WSPA CME Committee by Josh Bess, Lillian Bess, and Kristin Erwin.

Table of Contents

TMS Providers by Location	3
TMS Providers by Practice	9
Ketamine Infusion Providers by Location	14
Esketamine (Spravato™) Providers by Location	15
ECT Providers by Location	17
ECT Resources (Online Videos and Books)	18

TMS – By Location

Bellevue (Northwest)

Associated Behavioral Health Care - ABHC

1800 112th Avenue NE, Suite 150W
Bellevue WA 98004

phone: 425.646.7279
fax: 425.671.6198
www.abhc.com

Providers:¹

John Dolan MD
Patrick Mathiasen MD
Power Capote ARNP
Arabelle Estrada ARNP
Annette Anderson ARNP
Faduma A. Haji Ali ARNP

Bellevue (Southwest)

Seattle Neuropsychiatric Treatment Center (SeattleNTC)

1450 114th Ave SE, Suite 110
Bellevue WA 98004

phone: 206.467.6300
fax: 206.467.6301
www.seattlenc.com

Providers:

Jesse Adams MD
Rebecca Allen MD MPH
Joshua Bess MD
Steve Brogdon MD
Ki Won Nam MD

Bellevue (Northwest)

DAN MED TMS

1370 116th Ave NE, Suite 210
Bellevue WA 98004

phone: 888.526.3066
fax: 866.662.4071
www.danmedtms.com

Providers:

Kalyan Dandala MD
Nga Thien Lieu (Suzie) ARNP

Bothell

Puget Sound Psychiatric Center

10634 E Riverside Dr., Suite 130
Bothell WA 98011

phone: 425.806.5021
fax: 425.486.3949
www.pspc.org

Providers:¹

Syed Jamal Mustafa MD
Syed Kamal Mustafa MD
Truc Nguyen ARNP
Marcus Nemuth MD

Bellevue (Overlake)

NeuroStim TMS Centers LLC

1240 116th Ave NE, Suite 102
Bellevue WA 98004

phone: 425.414.7216
fax: 425.209.0602
www.neurostimtms.com

Providers:¹

Kris Peterson MD
Tasha Morris MD
Sarah Applegate ARNP
Chandra Cogburn ARNP
Jessica Jajesnica ARNP
Boyd Cowan ARNP

Edmonds

Spero Consulting

110 James St, Suite 104
Edmonds WA 98020

phone: 425.412.8133
fax: 425.412.8136
www.sperohealth.net

Providers:

James (Jay) Hughes MD
Christina Hughes MD (PMR)

TMS – By Location

Kent

Associated Behavioral Health Care - ABHC

841 Central Ave N, Suite C215
Kent WA 98032

phone: 253.867.5344
fax: 253.479.6508
www.abhc.com

Providers:

See *Bellevue* entry

Kirkland

Binnacle Psychiatry & TMS

10526 NE 68th St, Suite 101
Kirkland WA 98033

phone: 425.947.1303
fax: 425.576.1234
www.binnaclepsychiatry.com

Providers:

Becky Bay MD
Evelyn Dennison MD

Mercer Island

Center for Anxiety & Depression

400 Island Corporate Center, 7525 SE 24th St
Mercer Island WA 98040

phone: 206.230.0330
fax: 206.230.0336
www.centerforanxietyanddepression.com

Providers:

David Dunner MD
Christina Demopulos MD
Ryan Fugate MD

Renton/Kent

DAN MED TMS

350 S 38th Ct, Suite 100
Renton WA 98055

phone: 888.526.3066
fax: 866.662.4071
www.danmedtms.com

Providers:

See *Bellevue* entry

Renton

Eastside TMS

15 S Grady Way, Suite 625
Renton WA 98057

phone: 425.919.6826
fax: 425.523.1061
www.eastsidetmswellness.com

Providers:

Prisca Nwizugbo ARNP
Arinola Dada MD (IM/Rheum)

Seattle (First Hill/Downtown)

Seattle Neuropsychiatric Treatment Center (SeattleNTC)

805 Madison St, Suite 401
Seattle WA 98104

phone: 206.467.6300
fax: 206.467.6301
www.seattlenc.com

Providers:

Jesse Adams MD
Rebecca Allen MD MPH
Joshua Bess MD
Leigh Brown DO
Kenneth Melman MD

Seattle (Westlake)

Psychiatric Medicine Associates

1505 Westlake Ave N, Suite 920
Seattle WA 98109

phone: 206.386.3103
fax: 206.386.3123
www.psychiatricmedicine.com

Providers:

David Avery MD
Brian Vath MD

TMS – By Location

Bainbridge Front Street Clinic

945 Hildebrand Ln NE, Suite 203
Bainbridge Island WA 98110

phone: 360.697.1141
fax: 360.697.2395
www.frontstreetclinic.com

Providers:
Not listed on website

Seattle (West Seattle) Associated Behavioral Health Care - ABHC

4711 44th Ave SW, Suite A
Seattle WA 98116

phone: 206.935.1282
fax: 425.671.6496
www.abhc.com

Providers:
See *Bellevue* entry

Seattle (West Seattle) Northwest Psychiatry & Wellness Center Transformational Psychiatry NW

4700 42nd Ave SW, Suite 430
Seattle WA 98116

phone: 206.933.0699
fax: 206.932.6045
www.nwpwc.org
www.tp-nw.com

Providers:
Vernon LaFreniere ARNP
Jacqueline Marcell-Koledin ARNP

Seattle (Northgate) Associated Behavioral Health Care - ABHC

2111 N Northgate Way, Suite 212
Seattle WA 98133

phone: 206.781.2661
fax: 206.299.8888
www.abhc.com

Providers:
See *Bellevue* entry

Seattle (Northgate) Pacific Center for Neurostimulation

10740 Meridian Ave N, Suite 205
Seattle WA 98133

phone: 206.535.6292
fax: 206.356.1151
www.pacificcns.com

Providers:
Kathleen Ang-Lee MD
Molly Davis MD
Rebecca Fischer MD

Seattle (Northgate) Psychiatry Northwest

2150 N 107th St, Suite 400
Seattle WA 98133

phone: 206.207.3010
fax: 206.492.2020
www.psychiatrynorthwest.com

Providers:
Jesse McClelland MD
Michael Brooks DO
Arvinder Kaul MD

Everett (Silver Lake) Shifa Health

10333 19th Ave SE, Suite 109
Everett WA 98208

phone: 425.742.4600
fax: 425.742.4633
www.shifahealth.org

Providers:
Rozina Lakhani MD

Port Orchard Front Street Clinic

7382 SE View Park Rd,
Port Orchard WA 98367

phone: 360.697.1141
fax: 360.697.2395
www.frontstreetclinic.com

Providers:²
Kim Young-Oak ARNP

TMS – By Location

Poulsbo **Front Street Clinic**

20174 Front Street NE,
Poulsbo WA 98370

phone: 360.697.1141
fax: 360.697.2395
www.frontstreetclinic.com

Providers:²
Kim Young-Oak ARNP
Anna Kielak DNP ARNP

Silverdale **Front Street Clinic**

2819 NW Kitsap Pl, Suite 2B
Silverdale WA 98383

phone: 360.697.1141
fax: 360.697.2395
www.frontstreetclinic.com

Providers:²
William Hiltz MD

Tacoma **Keays Medical Group/Bayview Medical Clinic**

2200 North 30th Street, Suite 201
Tacoma WA 98403

phone: 253.779.5858
fax: 253.779.5757
www.bayviewmedical.org

Providers:
Ashley Keays DO MPH (FP)

Tacoma **Neurostimulation Wellness Center³**

2411 S 19th St,
Tacoma WA 98405

phone: 253.627.6606
fax: 253.572.4291
neurostimulationwc@gmail.com

Providers:
Jessy Ang MD

Tacoma **Puget Mental Care**

5702 N 26th St, Suite A
Tacoma WA 98407

phone: 253.503.6761
fax: 253.503.6925
www.pugetmentalcare.com

Providers:
Robert Kopec DNP

Tacoma (Lakewood) **NeuroStim TMS Centers LLC**

9125 Bridgeport Way, SW,, Suite 102
Lakewood WA 98499

phone: 253.200.5763
fax: 253.590.4298
www.neurostimtms.com

Providers:
See Bellevue entry

Olympia **Genuine Health Care³**

1800 Cooper Point Rd SW, Suite 19
Olympia WA 98502

phone: 360.346.9520
harvey.w.hall2@gmail.com

Providers:
Harvey Hall ARNP

Olympia **Olympia TMS**

324 W Bay Dr NW, Suite 214
Olympia WA 98502

phone: 360.810.1805
www.olympiatms.com

Providers:
David Penner MD
John Holtum MD

TMS – By Location

Olympia (Lacey) **NeuroStim TMS Centers LLC**

5210 Corporate Center Ct SE, Suite C
Lacey WA 98503

phone: 360.295.9187
fax: 360.208.2770
www.neurostimtms.com

Providers:
See *Bellevue* entry

Vancouver **TMS NW**

5512 NE 109th Ct, Suite N
Vancouver WA 98662

phone: 360.719.2449
www.tms-nw.com

Providers:
Brendan Roe DNP
Julia Swofford DNP
Piper Buersmeyer ARNP

Yakima **Washington Neurology**

421 S 47th Ave,
Yakima WA 98908

phone: 509.969.9393
fax: 509.202.4603
www.washingtonphysicianstms.com

Providers:
Tony Lee MD (Neuro)

Medical Lake **Kingfisher TMS**

731 N Stanley St,
Medical Lake WA 99022

phone: 509.747.5615
www.kingfishertms.com

Providers:
David Greeley MD

Spokane **Kingfisher TMS**

26 E 5th Ave,
Spokane WA 99202

phone: 509.747.5615
www.kingfishertms.com

Providers:
David Greeley MD

Spokane **TMS Solutions**

528 E Spokane Falls Blvd, Suite 503
Spokane WA 99202

phone: 509.688.0588
www.tmsolutions.com

Providers:
Mark Chalem MD
Meghann Sprague MD

Spokane **Mind Over Matter**

1717 W Francis Ave, Suite 204
Spokane WA 99205

phone: 509.934.1925
fax: 509.868.0874
www.mindovermatterspokane.com

Providers:
Lori Doricco ARNP

Spokane **Psychiatric Solutions**

1620 N Mamer Rd, Building B-100
Spokane WA 99216

phone: 509.740.0024
www.psychsolutions.com

Providers:
Ahmed Abouesh MD
Sandra Dexter MD
Sommer Wright ARNP

TMS – By Location

Tri-Cities

Reliance Health Systems/Reliance TMS

1446 Spaulding Ave, Suite 303
Richland WA 99352

phone: 425.326.1662
fax: 425.429.3751
www.reliancehealthsystems.com

Providers:

Kishore Varada PA
Cheta Nand MD
Farrukh Hashmi MD

TMS – By Practice

Associated Behavioral Health Care - ABHC

Bellevue (Northwest)

1800 112th Avenue NE, Suite 150W
Bellevue WA 98004

phone: 425.646.7279
fax: 425.671.6198
www.abhc.com

Providers:¹

John Dolan MD
Patrick Mathiasen MD
Power Capote ARNP
Arabelle Estrada ARNP
Annette Anderson ARNP
Faduma A. Haji Ali ARNP

Associated Behavioral Health Care - ABHC

Kent

841 Central Ave N, Suite C215
Kent WA 98032

phone: 253.867.5344
fax: 253.479.6508
www.abhc.com

Providers:

See Bellevue entry

Associated Behavioral Health Care - ABHC

Seattle (West Seattle)

4711 44th Ave SW, Suite A
Seattle WA 98116

phone: 206.935.1282
fax: 425.671.6496
www.abhc.com

Providers:

See Bellevue entry

Associated Behavioral Health Care - ABHC

Seattle (Northgate)

2111 N Northgate Way, Suite 212
Seattle WA 98133

phone: 206.781.2661
fax: 206.299.8888
www.abhc.com

Providers:

See Bellevue entry

Binnacle Psychiatry & TMS

Kirkland

10526 NE 68th St, Suite 101
Kirkland WA 98033

phone: 425.947.1303
fax: 425.576.1234
www.binnaclepsychiatry.com

Providers:

Becky Bay MD
Evelyn Dennison MD

Center for Anxiety & Depression

Mercer Island

400 Island Corporate Center, 7525 SE 24th St
Mercer Island WA 98040

phone: 206.230.0330
fax: 206.230.0336
www.centerforanxietyanddepression.com

Providers:

David Dunner MD
Christina Demopoulos MD
Ryan Fugate MD

DAN MED TMS

Bellevue (Northwest)

1370 116th Ave NE, Suite 210
Bellevue WA 98004

phone: 888.526.3066
fax: 866.662.4071
www.danmedtms.com

Providers:

Kalyan Dandala MD
Nga Thien Lieu (Suzie) ARNP

DAN MED TMS

Renton/Kent

350 S 38th Ct, Suite 100
Renton WA 98055

phone: 888.526.3066
fax: 866.662.4071
www.danmedtms.com

Providers:

See Bellevue entry

TMS – By Practice

Eastside TMS

Renton

15 S Grady Way, Suite 625
Renton WA 98057

phone: 425.919.6826
fax: 425.523.1061
www.eastsidetmswellness.com

Providers:

Prisca Nwizugbo ARNP
Arinola Dada MD (IM/Rheum)

Front Street Clinic

Bainbridge

945 Hildebrand Ln NE, Suite 203
Bainbridge Island WA 98110

phone: 360.697.1141
fax: 360.697.2395
www.frontstreetclinic.com

Providers:

Not listed on website

Front Street Clinic

Port Orchard

7382 SE View Park Rd,
Port Orchard WA 98367

phone: 360.697.1141
fax: 360.697.2395
www.frontstreetclinic.com

Providers:²

Kim Young-Oak ARNP

Front Street Clinic

Poulsbo

20174 Front Street NE,
Poulsbo WA 98370

phone: 360.697.1141
fax: 360.697.2395
www.frontstreetclinic.com

Providers:²

Kim Young-Oak ARNP
Anna Kielak DNP ARNP

Front Street Clinic

Silverdale

2819 NW Kitsap Pl, Suite 2B
Silverdale WA 98383

phone: 360.697.1141
fax: 360.697.2395
www.frontstreetclinic.com

Providers:²

William Hiltz MD

Genuine Health Care³

Olympia

1800 Cooper Point Rd SW, Suite 19
Olympia WA 98502

phone: 360.346.9520
harvey.w.hall2@gmail.com

Providers:

Harvey Hall ARNP

Keays Medical Group/Bayview Medical Clinic

Tacoma

2200 North 30th Street, Suite 201
Tacoma WA 98403

phone: 253.779.5858

fax: 253.779.5757
www.bayviewmedical.org

Providers:

Ashley Keays DO MPH (Family Medicine)

Kingfisher TMS

Medical Lake

731 N Stanley St,
Medical Lake WA 99022

phone: 509.747.5615
www.kingfishertms.com

Providers:

David Greeley MD (neurologist)

TMS – By Practice

Kingfisher TMS

Spokane

26 E 5th Ave,
Spokane WA 99202

phone: 509.747.5615
www.kingfishertms.com

Providers:

David Greeley MD (neurologist)

Mind Over Matter

Spokane

1717 W Francis Ave, Suite 204
Spokane WA 99205

phone: 509.934.1925
fax: 509.868.0874
www.mindovermatterspokane.com

Providers:

Lori Doricco ARNP

NeuroStim TMS Centers

Bellevue (Overlake)

1240 116th Ave NE, Suite 102
Bellevue WA 98004

phone: 425.414.7216
fax: 425.209.0602
www.neurostimtms.com

Providers:¹

Kris Peterson MD
Tasha Morris MD
Sarah Applegate ARNP
Chandra Cogburn ARNP
Jessica Jajesnica ARNP
Boyd Cowan ARNP

NeuroStim TMS Centers

Tacoma (Lakewood)

9125 Bridgeport Way, SW,, Suite 102
Lakewood WA 98499

phone: 253.200.5763
fax: 253.590.4298
www.neurostimtms.com

Providers:

See Bellevue entry

NeuroStim TMS Centers

Olympia (Lacey)

5210 Corporate Center Ct SE, Suite C
Lacey WA 98503

phone: 360.295.9187
fax: 360.208.2770
www.neurostimtms.com

Providers:

See Bellevue entry

Neurostimulation Wellness Center³

Tacoma

2411 S 19th St,
Tacoma WA 98405

phone: 253.627.6606
fax: 253.572.4291
neurostimulationwc@gmail.com

Providers:

Jessy Ang MD

Northwest Psychiatry & Wellness Center/ Transformational Psychiatry NW

Seattle (West Seattle)

4700 42nd Ave SW, Suite 430
Seattle WA 98116

phone: 206.933.0699
fax: 206.932.6045
www.nwpwc.org
www.tp-nw.com

Providers:

Vernon LaFreniere ARNP
Jacqueline Marcell-Koledin ARNP

Olympia TMS

Olympia

324 W Bay Dr NW, Suite 214
Olympia WA 98502

phone: 360.810.1805
www.olympiatms.com

Providers:

David Penner MD
John Holtum MD

TMS – By Practice

Pacific Center for Neurostimulation

Seattle (Northgate)

10740 Meridian Ave N, Suite 205
Seattle WA 98133

phone: 206.535.6292
fax: 206.356.1151
www.pacificcns.com

Providers:

Kathleen Ang-Lee MD
Molly Davis MD
Rebecca Fischer MD

Psychiatric Medicine Associates

Seattle (Westlake)

1505 Westlake Ave N, Suite 920
Seattle WA 98109

phone: 206.386.3103
fax: 206.386.3123
www.psychiatricmedicine.com

Providers:⁴

David Avery MD
Brian Vath MD

Psychiatric Solutions

Spokane

1620 N Mamer Rd, Building B-100
Spokane WA 99216

phone: 509.740.0024
www.psychsolutions.com

Providers:

Ahmed Abouesh MD
Sandra Dexter MD
Sommer Wright ARNP

Psychiatry Northwest

Seattle (Northgate)

2150 N 107th St, Suite 400
Seattle WA 98133

phone: 206.207.3010
fax: 206.492.2020
www.psychiatrynorthwest.com

Providers:¹

Jesse McClelland MD, Michael Brooks DO
Arvinder Kaul MD

Puget Mental Care

Tacoma

5702 N 26th St, Suite A
Tacoma WA 98407

phone: 253.503.6761
fax: 253.503.6925
www.pugetmentalcare.com

Providers:

Robert Kopec DNP

Puget Sound Psychiatric Center

Bothell

10634 E Riverside Dr., Suite 130
Bothell WA 98011

phone: 425.806.5021
fax: 425.486.3949
www.pspc.org

Providers:¹

Syed Jamal Mustafa MD
Syed Kamal Mustafa MD
Truc Nguyen ARNP
Marcus Nemuth MD

Reliance Health Systems/Reliance TMS

Tri-Cities

1446 Spaulding Ave, Suite 303
Richland WA 99352

phone: 425.326.1662
fax: 425.429.3751
www.reliancehealthsystems.com

Providers:¹

Kishore Varada PA
Cheta Nand MD
Farrukh Hashmi MD

TMS – By Practice

Seattle Neuropsychiatric Treatment Center (SeattleNTC)

Bellevue (Southwest)

1450 114th Ave SE, Suite 110
Bellevue WA 98004

phone: 206.467.6300
fax: 206.467.6301
www.seattlentic.com

Providers:

Jesse Adams MD
Rebecca Allen MD MPH
Joshua Bess MD
Steve Brogdon MD
Ki Won Nam MD

Seattle Neuropsychiatric Treatment Center (SeattleNTC)

Seattle (First Hill/Downtown)

805 Madison St, Suite 401
Seattle WA 98104

phone: 206.467.6300
fax: 206.467.6301
www.seattlentic.com

Providers:

Jesse Adams MD
Rebecca Allen MD MPH
Joshua Bess MD
Leigh Brown DO
Kenneth Melman MD

Shifa Health

Everett (Silver Lake)

10333 19th Ave SE, Suite 109
Everett WA 98208

phone: 425.742.4600
fax: 425.742.4633
www.shifahealth.org

Providers:

Rozina Lakhani MD

Spero Consulting

Edmonds

110 James St, Suite 104
Edmonds WA 98020

phone: 425.412.8133
fax: 425.412.8136
www.sperohealth.net

Providers:

James (Jay) Hughes MD
Christina Hughes MD (PMR)

TMS NW

Vancouver

5512 NE 109th Ct, Suite N
Vancouver WA 98662

phone: 360.719.2449
www.tms-nw.com

Providers:

Brendan Roe DNP
Julia Swofford DNP
Piper Buersmeyer ARNP

TMS Solutions

Spokane

528 E Spokane Falls Blvd, Suite 503
Spokane WA 99202

phone: 509.688.0588
www.tmsolutions.com

Providers:

Mark Chalem MD
Meghann Sprague MD

Washington Neurology

Yakima

421 S 47th Ave,
Yakima WA 98908

phone: 509.969.9393
fax: 509.202.4603
www.washingtonphysicianstms.com

Providers:

Tony Lee MD (Neurology)

Ketamine Infusions – By Location

Federal Way **Ketamine Wellness Centers**

34709 9th Ave S, B 200
Federal Way WA 98003

phone: 855.538.9355
www.ketaminewellnesscenters.com

Providers:
not listed by location, mutli-state chain

Bellevue (Overlake) **Acute Pain Therapies**

310 116th Avenue N.E, Suite A
Bellevue WA 98004

phone: 425.440.3351
fax: 425.440.3439
www.acutepaintherapies.com

Providers:
Zach Fisk MD

Bellevue (Lakeview) **Northwest Ketamine Clinics**

3805 108th Ave NE, Suite 120
Bellevue WA 98004

phone: 425.214.1495
www.nwketamineclinics.com

Providers:
Allyn Wilcock CRNA, Cheryl Carol CRNA
Sarah Carter CRNA

Bellevue (Northwest) **Point Ketamine**

1380 112th Avenue NE, Suite 101
Bellevue WA 98004

phone: 323.902.7489
www.pointketamine.com

Providers:
not listed by location, multi-state chain

Seattle (First Hill) **Northwest Ketamine Clinics**

901 Boren Ave, Suite 1730
Seattle WA 98104

phone: 206.309.2299
www.nwketamineclinics.com

Providers:
Allyn Wilcock CRNA, Cheryl Carol CRNA
Sarah Carter CRNA

Seattle (Downtown) **Point Ketamine**

701 5th Ave,
Seattle WA 98104

phone: 323.902.7489
www.pointketamine.com

Providers:
not listed by location, multi-state chain

Seattle (Beacon Hill) **VA Puget Sound Health Care - Seattle Division**

1660 South Columbian Way
Seattle WA 98108

www.pugetsound.va.gov/services/mentalhealth.asp

Note: VA patients only

Providers:
Anna Boraskayava MD

Lakewood **South Sound Ketamine Clinic**

7424 Bridgeport Way W, Suite 301
Lakewood WA 98499

phone: 253.244.7584
fax: 253.267.5602
www.southsoundketamine.com

Providers:
Eli Staker CRNA

Spokane (Perry District) **Ketamine Clinic of Spokane**

Spokane WA 99202

phone: 509.934.7177
fax: 509.356.8435
www.ketamineclinicofspokane.com

Providers:
Tina Gordon CRNA, Josh Spartz CRNA

Tri-Cities **Tri-Cities Infusion and Wellness Clinic**

7211 W Deschutes Ave, Suite D202
Kennewick WA 99336

phone: 509.581.1005
fax: 509.581.1015
www.tricitieswellness.com

Providers:
Tyler Thornock CRNA, Ben Clark CRNA

Spravato™ – By Location

Bellevue (Overlake) **Acute Pain Therapies**

310 116th Avenue N.E, Suite A
Bellevue WA 98004

phone: 425.440.3351
fax: 425.440.3439
www.acutepaintherapies.com

Providers:
Zach Fisk MD

Bellevue (Southwest) **Seattle Neuropsychiatric Treatment Center (SeattleNTC)**

1450 114th Ave SE, Suite 110
Bellevue WA 98004

phone: 206.467.6300
fax: 206.467.6301
www.seattlenc.com

Providers:
Jesse Adams MD
Rebecca Allen MD MPH
Joshua Bess MD
Steve Brogdon MD
Ki Won Nam MD

Issaquah **Wadsworth Psychiatric Services**

6520 226th Place SE, Suite 203
Issaquah WA 98027

phone: 425.222.1000
fax: 425.651.2973
www.psychsvc.com

Providers:
Brett Wadsworth ARNP
Jeanne Wadsworth ARNP

Seattle (Capitol Hill) **Seattle Counseling Service**

1216 Pine St, Suite 300
Seattle WA 98101

phone: 206.323.1768
fax: 206.323.2184
www.seattlecounseling.org

Providers:
Deidre McHugh ARNP

Seattle (Rainier Valley) **Asian Counseling and Referral Service**

3639 Martin Luther King Jr Way S
Seattle WA 98144

phone: 206.695.7600
fax: 206.695.7606
www.acrs.org

Providers:
Evan Kanter MD

Everett **True Hope Psychiatric Services**

3426 Broadway, Suite 201
Everett WA 98201

phone: 425.259.4037
fax: 425.449.4091
www.ehr.wrshealth.com/live/patient_v2/index.php

Providers:
Sandra Carrier ARNP

Bremerton **Kitsap Mental Health**

5455 Almira Dr NE,
Bremerton WA 98311

phone: 360.415.5822
www.kitsapmentalhealth.org

Providers:
Marvin Hoffert MD

Spravato™ – By Location

Poulsbo

Pacifica Medicine and Wellness

19980 10th Ave NE, Suite 202
Poulsbo WA 98370

phone: 360.979.0569
fax: 877.805.9505
www.pacificamedicine.com

Providers:

Marie Matty MD

Silverdale

Harrison HealthPartners Center for Mental Health

9633 Levin Rd NW, Creekside II, Suite 103
Silverdale WA 98383

phone: 360.337.8200
fax: 360.337.6956
www.chifranciscan.org

Providers:

John Gonsulin MD

Centralia

Cascade Mental Health Care

2428 West Reynolds Ave,
Centralia WA 98531

phone: 360.330.9044
www.cascadementalhealth.org

Providers:

Roy Schlegel MD

Spokane Valley

Fred Itveldt ARNP

1005 N Pines Rd, Suite 310
Spokane Valley WA 99206

phone: 509.707.8581

Providers:

Fred Itveldt ARNP

ECT – By Location

Bellevue (Overlake) **Overlake Medical Center**

1035 116th Ave NE
Bellevue WA 98004

phone: 425.688.5796
www.overlakehospital.org/department/psychiatric-services

Note: outpatient only, 2pm start time

Providers:
Pat Mathiasen MD

Issaquah **Swedish Medical Center/SeattleNTC**

751 NE Blakely Dr
Issaquah WA 98029

phone: 206.467.6300
fax: 206.467.6301
www.seattlenc.com

Note: inpatients and outpatients, 7:30am start M/W/F

Providers:
Joshua Bess MD, Steve Brogdon MD, Ki Won Nam MD

Seattle (First Hill) **Harborview Medical Center**

325 9th Ave
Seattle WA 98104

www.uwmedicine.org/locations/harborview-medical-center

Note: inpatients only

Providers:
Amelia Dubovsky MD, John Neumaier MD

Seattle (Ballard) **Swedish Medical Center/SeattleNTC**

5300 Tallman Ave NW
Seattle WA 98107

phone: 206.467.6300
fax: 206.467.6301
www.seattlenc.com

Note: inpatients and outpatients, 7:30am start M/W/TH/F

Providers:
Jesse Adams MD, Rebecca Allen MD MPH,
Leigh Brown DO, Hisam Goueli MD,
Kenneth Melman MD

Seattle (Beacon Hill) **VA Puget Sound Health Care - Seattle Division**

1660 South Columbian Way
Seattle WA 98108

www.pugetsound.va.gov/services/mentalhealth.asp

Note: VA patients only

Providers:
Anna Boraskayava MD

Seattle (Northgate) **UW Northwest Hospital & Medical Center**

1550 N 115th St
Seattle WA 98133

phone: 206.368.6678
fax: 206.368.6679
www.nwhospital.org/medical-services/geropsychiatric-center

Note: early AM treatments, M-F

Providers:
William Solan MD, Robin Kang MD

Spokane **Providence Sacred Heart**

101 West 8th Ave
Spokane WA 99204

phone: 509.474.3131
fax: 509.474.4526
www.washington.providence.org/services-directory/services/

Note: inpatients and outpatients

Providers:
Saj Ravasia MD, Eric Cohen MD

Bellingham **PeaceHealth St. Joseph Medical Center**

2901 Squalicum Pkwy
Bellingham WA 98225

www.peacehealth.org/st-joseph/services

Note: No new patients, only a few established patients

Providers:
Hank Levine MD

ECT Resources

Online Videos:

Dartmouth-Hitchcock ECT Video

~10 min

<https://tinyurl.com/DartmouthECT>

(<https://youtu.be/-T0mwzXHqvl>)

Excellent, straight-forward description.

Michigan Medicine ECT Video

~7 min

<https://tinyurl.com/MichiganECT>

(<https://medicine.umich.edu/dept/psychiatry/programs/neuromodulation/electroconvulsive-therapy/>)

Well-done video. Patient is a little atypical, but procedure is described well.

Gold Coast Health (Australia): ECT – The Whole Story

~8 min

<https://tinyurl.com/AussieECT1>

<https://youtu.be/ljoS31JC0As>

This video and its companion video (below) are excellent!

Gold Coast Health (Australia): ECT – The ECT Journey

~6 min

<https://tinyurl.com/AussieECT2>

<https://youtu.be/HEot7ow3yfk>

This video and its companion video (above) are excellent!

ECT – Let’s Talk About It

~16 min

<https://tinyurl.com/AussieECT3>

<https://youtu.be/ZYCjz-6iEW4>

Really excellent, patient-forward video from a well-regarded group in Sydney NSW, Australia.

TED Talk – Sherwin Nuland: How electroshock therapy changed me

~22 min

<http://tinyurl.com/TEDTalkECT>

(http://www.ted.com/talks/lang/en/sherwin_nuland_on_electroshock_therapy.html)

Often recommend to patients. Patient/speaker is a physician. Does not show procedure.

ECT Resources

BBC: Why are we still using electroconvulsive therapy?

~13:30

<http://tinyurl.com/BBCECT>

(<http://www.bbc.co.uk/news/health-23453426>)

This video is, in some ways, the best out there. But it has some issues as well. On the plus side, the patient testimonials are quite moving and realistic. Also, the doctor said he has told his friends/colleagues that he wants ECT if he is ever so ill. On the downside, it is very British and there are a lot of references to WHO gets ECT that don't apply to the US and especially not to the US ECT population. For example, though laws vary state-by-state, ECT is infrequently given to someone who is unable to consent. Also, it has the same ECT opponent psychiatrist as the Australian video.

Max Fink Video

~8 min

<http://tinyurl.com/MaxFinkECT>

(<http://www.youtube.com/watch?v=1JG9eQsjaZY&feature=youtu.be>)

Video is very dated. But: 1) Max Fink is the father (or at least the uncle) of modern American ECT, and 2) it has a good depiction of the procedure.

MSNBC/Swedish ECT Segment

~3:30

<http://tinyurl.com/MSNBCECT>

(<http://www.nbcnews.com/id/26044935/#.UvrVtLQ6t6V>)

Dr. Ken Melman and Swedish ECT staff were part of this news segment. Procedure section is a demonstration, the "patient" is one of our ECT nurses.

ECT Segment from PBS Documentary *Ride The Tiger*

~3:00

<https://tinyurl.com/TigerECT>

(<https://youtu.be/dLajvMhwzHc>)

Whole show is great! ECT scenes in this segment also feature team from Michigan Medicine.

Lakeside Behavioral Health (TN) Videos

~6 min (overview) and ~7 min (technical)

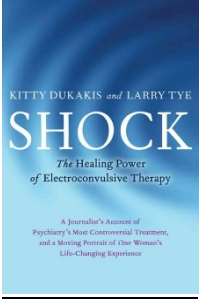

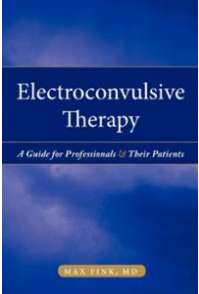
<http://tinyurl.com/TNECTVid>

(<http://lakesidebhs.com/treatment/neuroscience-center/ect/>)

This stuff is great! Both videos are complete, offer a huge amount of information. They basically cover all of the things that we cover with patients to get "informed consent" and more. Great examples and explanation of the memory problems. There is a fair amount of "talking head/professor" and it does not show the full treatment beginning to end.

ECT Resources

Books:

	<p><i>Shock</i> – Kitty Dukakis and Larry Tye</p> <p>http://amzn.com/1583332839</p>
	<p><i>Will I Ever Be the Same Again? Transforming the Face of ECT (Shock Therapy)</i> – Carol Kivler</p> <p>http://amzn.com/0984479902</p>
	<p><i>Electroconvulsive Therapy: A Guide for Professionals & Their Patients</i> – Max Fink MD</p> <p>http://amzn.com/0195365747</p> <p>This one is very compact/brief and relatively jargon-free.</p>