Inclusion in this directory does not imply endorsement of any individual practice, group, provider, or treatment modality.

Information was gathered from practice websites, online databases, and other professional resources – with some gaps filled in via direct contact with clinic(s). Information is correct to the best of our knowledge as of October 10, 2019.

Directory assembled on behalf of WSPA CME Committee by Josh Bess, Lillian Bess, and Kristin Erwin.
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TMS – By Location

Bellevue (Northwest)
Associated Behavioral Health Care - ABHC
1800 112th Avenue NE, Suite 150W
Bellevue WA 98004

phone: 425.646.7279
fax: 425.671.6198
www.abhc.com

Providers: 1
John Dolan MD
Patrick Mathiasen MD
Power Capote ARNP
Arabelle Estrada ARNP
Annette Anderson ARNP
Faduma A. Haji Ali ARNP

Bellevue (Northwest)
DAN MED TMS
1370 116th Ave NE, Suite 210
Bellevue WA 98004

phone: 888.526.3066
fax: 866.662.4071
www.danmedtms.com

Providers:
Kalyan Dandala MD
Nga Thien Lieu (Suzie) ARNP

Bellevue (Overlake)
NeuroStim TMS Centers LLC
1240 116th Ave NE, Suite102
Bellevue WA 98004

phone: 425.414.7216
fax: 425.209.0602
www.neurostimtms.com

Providers: 1
Kris Peterson MD
Tasha Morris MD
Sarah Applegate ARNP
Chandra Cogburn ARNP
Jessica Jajesnica ARNP
Boyd Cowan ARNP

Bellevue (Southwest)
Seattle Neuropsychiatric Treatment Center
(SeattlENTC)
1450 114th Ave SE, Suite 110
Bellevue WA 98004

phone: 206.467.6300
fax: 206.467.6301
www.seattlentc.com

Providers:
Jesse Adams MD
Rebecca Allen MD MPH
Joshua Bess MD
Steve Brogdon MD
Ki Won Nam MD

Bothell
Puget Sound Psychiatric Center
10634 E Riverside Dr., Suite 130
Bothell WA 98011

phone: 425.806.5021
fax: 425.486.3949
www.pspc.org

Providers: 1
Syed Jamal Mustafa MD
Syed Kamal Mustafa MD
Truc Nguyen ARNP
Marcus Nemuth MD

Edmonds
Spero Consulting
110 James St, Suite 104
Edmonds WA 98020

phone: 425.412.8133
fax: 425.412.8136
www.sperohealth.net

Providers:
James (Jay) Hughes MD
Christina Hughes MD (PMR)

Unless otherwise specified, providers are as listed on practice website or as confirmed by our staff. 1) Providers as listed on the website, but website does not list by location or specific services offered. 2) Providers as listed by location on website. 3) Opening soon.
<table>
<thead>
<tr>
<th>Location</th>
<th>Provider Name</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mercer Island</td>
<td>Center for Anxiety &amp; Depression</td>
<td>400 Island Corporate Center, 7525 SE 24th St, Mercer Island WA 98040</td>
<td>206.230.0330</td>
<td>206.230.0336</td>
<td><a href="http://www.centerforanxietyanddepression.com">www.centerforanxietyanddepression.com</a></td>
</tr>
<tr>
<td>Seattle (First Hill/Downtown)</td>
<td>Seattle Neuropsychiatric Treatment Center (SeattleNTC)</td>
<td>805 Madison St, Suite 401, Seattle WA 98104</td>
<td>206.467.6300</td>
<td>206.467.6301</td>
<td><a href="http://www.seattlentc.com">www.seattlentc.com</a></td>
</tr>
</tbody>
</table>

**Providers:**

- See Bellevue entry

---

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# TMS – By Location

## Bainbridge
Front Street Clinic

945 Hildebrand Ln NE, Suite 203
Bainbridge Island WA  98110

phone: 360.697.1141  
fax: 360.697.2395  
www.frontstreetclinic.com

Providers:
- Not listed on website

## Seattle (West Seattle)
Associated Behavioral Health Care - ABHC

4711 44th Ave SW, Suite A
Seattle WA  98116

phone: 206.935.1282  
fax: 425.671.6496  
www.abhc.com

Providers:
- See Bellevue entry

## Seattle (West Seattle)
Northwest Psychiatry & Wellness Center
Transformational Psychiatry NW

4700 42nd Ave SW, Suite 430
Seattle WA  98116

phone: 206.933.0699  
fax: 206.932.6045  
www.nwpwc.org  
www.tp-nw.com

Providers:
- Vernon LaFreniere ARNP  
- Jacqueline Marcell-Koledin ARNP

## Seattle (Northgate)
Associated Behavioral Health Care - ABHC

2111 N Northgate Way, Suite 212
Seattle WA  98133

phone: 206.781.2661  
fax: 206.299.8888  
www.abhc.com

Providers:
- See Bellevue entry

## Seattle (Northgate)
Pacific Center for Neurostimulation

10740 Meridian Ave N, Suite 205
Seattle WA  98133

phone: 206.535.6292  
fax: 206.356.1151  
www.pacificcns.com

Providers:
- Kathleen Ang-Lee MD  
- Molly Davis MD  
- Rebecca Fischer MD

## Seattle (Northgate)
Psychiatry Northwest

2150 N 107th St, Suite 400
Seattle WA  98133

phone: 206.207.3010  
fax: 206.492.2020  
www.psychiatrynorthwest.com

Providers:
- Jesse McClelland MD  
- Michael Brooks DO  
- Arvinder Kaul MD

## Everett (Silver Lake)
Shifa Health

10333 19th Ave SE, Suite 109
Everett WA  98208

phone: 425.742.4600  
fax: 425.742.4633  
www.shifahealth.org

Providers:
- Rozina Lakhani MD

## Port Orchard
Front Street Clinic

7382 SE View Park Rd,  
Port Orchard WA  98367

phone: 360.697.1141  
fax: 360.697.2395  
www.frontstreetclinic.com

Providers:
- Kim Young-Oak ARNP

---

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2) Providers as listed by location on website.  
3) Opening soon.
TMS – By Location

**Poulsbo**
Front Street Clinic

20174 Front Street NE, Poulsbo WA 98370

phone: 360.697.1141
fax: 360.697.2395
www.frontstreetclinic.com

Providers:
Kim Young-Oak ARNP
Anna Kielak DNP ARNP

---

**Silverdale**
Front Street Clinic

2819 NW Kitsap Pl, Suite 2B
Silverdale WA 98383

phone: 360.697.1141
fax: 360.697.2395
www.frontstreetclinic.com

Providers:
William Hilltz MD

---

**Tacoma**
Keays Medical Group/Bayview Medical Clinic

2200 North 30th Street, Suite 201
Tacoma WA 98403

phone: 253.779.5858
fax: 253.779.5757
www.bayviewmedical.org

Providers:
Ashley Keays DO MPH (FP)

---

**Tacoma**
Neurostimulation Wellness Center³

2411 S 19th St,
Tacoma WA 98405

phone: 253.627.6606
fax: 253.572.4291
neurostimulationwc@gmail.com

Providers:
Jessy Ang MD

---

**Tacoma**
Puget Mental Care

5702 N 26th St, Suite A
Tacoma WA 98407

phone: 253.503.6761
fax: 253 503.6925
www.pugetmentalcare.com

Providers:
Robert Kopec DNP

---

**Tacoma (Lakewood)**
NeuroStim TMS Centers LLC

9125 Bridgeport Way, SW, Suite 102
Lakewood WA 98499

phone: 253.200.5763
fax: 253.590.4298
www.neurostimtms.com

Providers:
See Bellevue entry

---

**Olympia**
Genuine Health Care³

1800 Cooper Point Rd SW, Suite 19
Olympia WA 98502

phone: 360.346.9520
harvey.w.hall2@gmail.com

Providers:
Harvey Hall ARNP

---

**Olympia**
Olympia TMS

324 W Bay Dr NW, Suite 214
Olympia WA 98502

phone: 360.810.1805
www.olympiatms.com

Providers:
David Penner MD
John Holttum MD

---

Unless otherwise specified, providers are as listed on practice website or as confirmed by our staff. 1) Providers as listed on the website, but website does not list by location or specific services offered. 2) Providers as listed by location on website. 3) Opening soon.
TMS – By Location

**Olympia (Lacey)**
NeuroStim TMS Centers LLC
5210 Corporate Center Ct SE, Suite C
Lacey WA 98503
phone: 360.295.9187
tax: 360.208.2770
www.neurostimtms.com

**Vancouver**
TMS NW
5512 NE 109th Ct, Suite N
Vancouver WA 98662
phone: 360.719.2449
www.tms-nw.com

**Yakima**
Washington Neurology
421 S 47th Ave,
Yakima WA 98908
phone: 509.969.9393
tax: 509.202.4603
www.washingtonphysicianstms.com

**Medical Lake**
Kingfisher TMS
731 N Stanley St,
Medical Lake WA 99022
phone: 509.747.5615
www.kingfishertms.com

**Spokane**
Kingfisher TMS
26 E 5th Ave,
Spokane WA 99202
phone: 509.747.5615
www.kingfishertms.com

**Spokane**
TMS NW
5512 NE 109th Ct, Suite N
Vancouver WA 98662
phone: 360.719.2449
www.tms-nw.com

**Spokane**
TMS Solutions
528 E Spokane Falls Blvd, Suite 503
Spokane WA 99202
phone: 509.688.0588
www.tmssolutions.com

**Spokane**
Mind Over Matter
1717 W Francis Ave, Suite 204
Spokane WA 99205
phone: 509.934.1925
tax: 509.868.0874
www.mindovermatterspokane.com

**Spokane**
Psychiatric Solutions
1620 N Mamer Rd, Building B-100
Spokane WA 99216
phone: 509.740.0024
www.psychsolutions.com

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TMS – By Location

**Tri-Cities**  
Reliance Health Systems/Reliance TMS

1446 Spaulding Ave, Suite 303  
Richland WA  99352

Phone: 425.326.1662  
Fax: 425.429.3751  
www.reliancehealthsystems.com

Providers:  
Kishore Varada PA  
Cheta Nand MD  
Farrukh Hashmi MD
<table>
<thead>
<tr>
<th>Practice Name</th>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Website</th>
<th>Providers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Binnacle Psychiatry &amp; TMS</td>
<td>Kirkland</td>
<td>10526 NE 68th St, Suite 101</td>
<td>425.947.1303</td>
<td>425.576.1234</td>
<td><a href="http://www.binnaclepsychiatry.com">www.binnaclepsychiatry.com</a></td>
<td>Becky Bay MD, Evelyn Dennison MD</td>
</tr>
<tr>
<td>Associated Behavioral Health Care - ABHC</td>
<td>Seattle (West Seattle)</td>
<td>4711 44th Ave SW, Suite A</td>
<td>206.935.1282</td>
<td>425.671.6496</td>
<td><a href="http://www.abhc.com">www.abhc.com</a></td>
<td>See Bellevue entry</td>
</tr>
<tr>
<td>Associated Behavioral Health Care - ABHC</td>
<td>Seattle (Northgate)</td>
<td>2111 N Northgate Way, Suite 212</td>
<td>206.781.2661</td>
<td>206.299.8888</td>
<td><a href="http://www.abhc.com">www.abhc.com</a></td>
<td>See Bellevue entry</td>
</tr>
<tr>
<td>Center for Anxiety &amp; Depression</td>
<td>Mercer Island</td>
<td>400 Island Corporate Center, 7525 SE 24th St</td>
<td>206.230.0330</td>
<td>206.230.0336</td>
<td><a href="http://www.centerforanxietyanddepression.com">www.centerforanxietyanddepression.com</a></td>
<td>David Dunner MD, Christina Demopulos MD, Ryan Fugate MD</td>
</tr>
<tr>
<td>DAN MED TMS</td>
<td>Bellevue (Northwest)</td>
<td>1370 116th Ave NE, Suite 210</td>
<td>888.526.3066</td>
<td>866.662.4071</td>
<td><a href="http://www.danmedtms.com">www.danmedtms.com</a></td>
<td>Kalyan Dandala MD, Nga Thien Lieu (Suzie) ARNP</td>
</tr>
<tr>
<td>DAN MED TMS</td>
<td>Renton/Kent</td>
<td>350 S 38th Ct, Suite 100</td>
<td>888.526.3066</td>
<td>866.662.4071</td>
<td><a href="http://www.danmedtms.com">www.danmedtms.com</a></td>
<td>See Bellevue entry</td>
</tr>
</tbody>
</table>
Eastside TMS
Renton
15 S Grady Way, Suite 625
Renton WA 98057

phone: 425.919.6826
fax: 425.523.1061
www.eastsidetmswellness.com

Providers:
Prisca Nwizugbo ARNP
Arinola Dada MD (IM/Rheum)

Front Street Clinic
Bainbridge
945 Hildebrand Ln NE, Suite 203
Bainbridge Island WA 98110

phone: 360.697.1141
fax: 360.697.2395
www.frontstreetclinic.com

Providers:
Not listed on website

Front Street Clinic
Port Orchard
7382 SE View Park Rd,
Port Orchard WA 98367

phone: 360.697.1141
fax: 360.697.2395
www.frontstreetclinic.com

Providers:
Kim Young-Oak ARNP

Front Street Clinic
Poulsbo
20174 Front Street NE,
Poulsbo WA 98370

phone: 360.697.1141
fax: 360.697.2395
www.frontstreetclinic.com

Providers:
Kim Young-Oak ARNP
Anna Kielak DNP ARNP

Front Street Clinic
Silverdale
2819 NW Kitsap Pl, Suite 2B
Silverdale WA 98383

phone: 360.697.1141
fax: 360.697.2395
www.frontstreetclinic.com

Providers:
William Hiltz MD

Genuine Health Care
Olympia
1800 Cooper Point Rd SW, Suite 19
Olympia WA 98502

phone: 360.346.9520
harvey.w.hall2@gmail.com

Providers:
Harvey Hall ARNP

Keays Medical Group/Bayview Medical Clinic
Tacoma
2200 North 30th Street, Suite 201
Tacoma WA 98403

phone: 253.779.5858
fax: 253.779.5757
www.bayviewmedical.org

Providers:
Ashley Keays DO MPH (Family Medicine)

Kingfisher TMS
Medical Lake
731 N Stanley St,
Medical Lake WA 99022

phone: 509.747.5615
www.kingfishertms.com

Providers:
David Greeley MD (neurologist)

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TMS – By Practice

Kingfisher TMS
Spokane
26 E 5th Ave,
Spokane WA 99202

phone: 509.747.5615
www.kingfishertms.com

Providers:
David Greeley MD (neurologist)

Mind Over Matter
Spokane
1717 W Francis Ave, Suite 204
Spokane WA 99205

phone: 509.934.1925
fax: 509.868.0874
www.mindovermatterspokane.com

Providers:
Lori Doricco ARNP

NeuroStim TMS Centers
Bellevue (Overlake)
1240 116th Ave NE, Suite 102
Bellevue WA 98004

phone: 425.414.7216
fax: 425.209.0602
www.neurostimtms.com

Providers:
Kris Peterson MD
Tasha Morris MD
Sarah Applegate ARNP
Chandra Cogburn ARNP
Jessica Jajesnica ARNP
Boyd Cowan ARNP

NeuroStim TMS Centers
Tacoma (Lacey)
5210 Corporate Center Ct SE, Suite C
Lacey WA 98503

phone: 360.295.9187
fax: 360.208.2770
www.neurostimtms.com

Providers:
See Bellevue entry

Neurostimulation Wellness Center
Tacoma
2411 S 19th St,
Tacoma WA 98405

phone: 253.627.6606
fax: 253.572.4291
neurostimulationwc@gmail.com

Providers:
Jessy Ang MD

Northwest Psychiatry & Wellness Center/
Transformational Psychiatry NW
Seattle (West Seattle)
4700 42nd Ave SW, Suite 430
Seattle WA 98116

phone: 206.933.0699
fax: 206.932.6045
www.nwpwc.org
www.tp-nw.com

Providers:
Vernon LaFreniere ARNP
Jacqueline Marcell-Koledin ARNP

Olympia TMS
Olympia
324 W Bay Dr NW, Suite 214
Olympia WA 98502

phone: 360.810.1805
www.olympiatms.com

Providers:
David Penner MD
John Holttum MD

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TMS – By Practice

Pacific Center for Neurostimulation
Seattle (Northgate)
10740 Meridian Ave N, Suite 205
Seattle WA  98133
phone: 206.535.6292
fax: 206.356.1151
www.pacificcns.com

Providers:
Kathleen Ang-Lee MD
Molly Davis MD
Rebecca Fischer MD

Psychiatric Medicine Associates
Seattle (Westlake)
1505 Westlake Ave N, Suite 920
Seattle WA  98109
phone: 206.386.3103
fax: 206.386.3123
www.psychiatricmedicine.com

Providers:4
David Avery MD
Brian Vath MD

Psychiatric Solutions
Spokane
1620 N Mamer Rd, Building B-100
Spokane WA  99216
phone: 509.740.0024
www.psychsolutions.com

Providers:
Ahmed Abouesh MD
Sandra Dexter MD
Sommer Wright ARNP

Psychiatry Northwest
Seattle (Northgate)
2150 N 107th St, Suite 400
Seattle WA  98133
phone: 206.207.3010
fax: 206.492.2020
www.psychiatrynorthwest.com

Providers:1
Jesse McClelland MD, Michael Brooks DO
Arvinder Kaul MD

Puget Mental Care
Tacoma
5702 N 26th St, Suite A
Tacoma WA  98407
phone: 253.503.6761
fax: 253 503.6925
www.pugetmentalcare.com

Providers:
Robert Kopec DNP

Puget Sound Psychiatric Center
Bothell
10634 E Riverside Dr., Suite 130
Bothell WA  98011
phone: 425.806.5021
fax: 425.486.3949
www.pspc.org

Providers:4
Syed Jamal Mustafa MD
Syed Kamal Mustafa MD
Truc Nguyen ARNP
Marcus Nemuth MD

Reliance Health Systems/Reliance TMS
Tri-Cities
1446 Spaulding Ave, Suite 303
Richland WA  99352
phone: 425.326.1662
fax: 425.429.3751
www.reliancehealthsystems.com

Providers:1
Kishore Varada PA
Cheta Nand MD
Farrukh Hashmi MD

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TMS – By Practice

Seattle Neuropsychiatric Treatment Center
(SeattleNTC)
Bellevue (Southwest)

1450 114th Ave SE, Suite 110
Bellevue WA  98004

phone: 206.467.6300
fax: 206.467.6301
www.seattlentc.com

Providers:
Jesse Adams MD
Rebecca Allen MD MPH
Joshua Bess MD
Steve Brogdon MD
Ki Won Nam MD

Seattle Neuropsychiatric Treatment Center
(SeattleNTC)
Seattle (First Hill/Downtown)

805 Madison St, Suite 401
Seattle WA  98104

phone: 206.467.6300
fax: 206.467.6301
www.seattlentc.com

Providers:
Jesse Adams MD
Rebecca Allen MD MPH
Joshua Bess MD
Leigh Brown DO
Kenneth Melman MD

Shifa Health
Everett (Silver Lake)

10333 19th Ave SE, Suite 109
Everett WA  98208

phone: 425.742.4600
fax: 425.742.4633
www.shifaahealth.org

Providers:
Rozina Lakhani MD

Spero Consulting
Edmonds

110 James St, Suite 104
Edmonds WA  98020

phone: 425.412.8133
fax: 425.412.8136
www.sperohealth.net

Providers:
James (Jay) Hughes MD
Christina Hughes MD (PMR)

TMS NW
Vancouver

5512 NE 109th Ct, Suite N
Vancouver WA  98662

phone: 360.719.2449
www.tms-nw.com

Providers:
Brendan Roe DNP
Julia Swofford DNP
Piper Buersmeyer ARNP

TMS Solutions
Spokane

528 E Spokane Falls Blvd, Suite 503
Spokane WA  99202

phone: 509.688.0588
www.tmssolutions.com

Providers:
Mark Chalem MD
Meghann Sprague MD

Washington Neurology
Yakima

421 S 47th Ave,
Yakima WA  98908

phone: 509.969.9393
fax: 509.202.4603
www.washingtonphysicianstms.com

Providers:
Tony Lee MD (Neurology)

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<table>
<thead>
<tr>
<th>Location</th>
<th>Clinic Name</th>
<th>Address</th>
<th>City</th>
<th>State</th>
<th>Zip</th>
<th>Phone</th>
<th>Fax</th>
<th>Website</th>
<th>Providers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Federal Way</td>
<td>Ketamine Wellness Centers</td>
<td>34709 9th Ave S, B 200</td>
<td>Federal Way</td>
<td>WA</td>
<td>98003</td>
<td>855.538.9355</td>
<td></td>
<td><a href="http://www.ketaminewellnesscenters.com">www.ketaminewellnesscenters.com</a></td>
<td>not listed by location, multi-state chain</td>
</tr>
<tr>
<td>Bellevue (Lakeview)</td>
<td>Northwest Ketamine Clinics</td>
<td>3805 108th Ave NE, Suite 120</td>
<td>Bellevue</td>
<td>WA</td>
<td>98004</td>
<td>425.214.1495</td>
<td></td>
<td><a href="http://www.nwketamineclinics.com">www.nwketamineclinics.com</a></td>
<td>Allyn Wilcock CRNA, Cheryl Carol CRNA, Sarah Carter CRNA</td>
</tr>
<tr>
<td>Bellevue (Northwest)</td>
<td>Point Ketamine</td>
<td>1380 112th Avenue NE, Suite 101</td>
<td>Bellevue</td>
<td>WA</td>
<td>98004</td>
<td>323.902.7489</td>
<td></td>
<td><a href="http://www.pointketamine.com">www.pointketamine.com</a></td>
<td>not listed by location, multi-state chain</td>
</tr>
<tr>
<td>Seattle (First Hill)</td>
<td>Northwest Ketamine Clinics</td>
<td>901 Boren Ave, Suite 1730</td>
<td>Seattle</td>
<td>WA</td>
<td>98104</td>
<td>206.309.2299</td>
<td></td>
<td><a href="http://www.nwketamineclinics.com">www.nwketamineclinics.com</a></td>
<td>Allyn Wilcock CRNA, Cheryl Carol CRNA, Sarah Carter CRNA</td>
</tr>
<tr>
<td>Seattle (Downtown)</td>
<td>Point Ketamine</td>
<td>701 5th Ave,</td>
<td>Seattle</td>
<td>WA</td>
<td>98104</td>
<td>323.902.7489</td>
<td></td>
<td><a href="http://www.pointketamine.com">www.pointketamine.com</a></td>
<td>not listed by location, multi-state chain</td>
</tr>
<tr>
<td>Seattle (Beacon Hill)</td>
<td>VA Puget Sound Health Care - Seattle Division</td>
<td>1660 South Columbian Way</td>
<td>Seattle</td>
<td>WA</td>
<td>98108</td>
<td></td>
<td><a href="http://www.pugetsound.va.gov/services/mentalhealth.asp">www.pugetsound.va.gov/services/mentalhealth.asp</a></td>
<td>Anna Boraskayava MD</td>
<td></td>
</tr>
<tr>
<td>Lakewood</td>
<td>South Sound Ketamine Clinic</td>
<td>7424 Bridgeport Way W, Suite 301</td>
<td>Lakewood</td>
<td>WA</td>
<td>98499</td>
<td>253.244.7584</td>
<td>253.267.5602</td>
<td><a href="http://www.southsoundketamine.com">www.southsoundketamine.com</a></td>
<td>Eli Staker CRNA</td>
</tr>
<tr>
<td>Spokane (Perry District)</td>
<td>Ketamine Clinic of Spokane</td>
<td></td>
<td>Spokane</td>
<td>WA</td>
<td>99202</td>
<td>509.934.7177</td>
<td>509.356.8435</td>
<td><a href="http://www.ketamineclinicofspokane.com">www.ketamineclinicofspokane.com</a></td>
<td>Tina Gordon CRNA, Josh Spartz CRNA</td>
</tr>
</tbody>
</table>

Note: For more information, please visit the websites or contact the clinics directly.
## Spravato™ – By Location

### Bellevue (Overlake)
**Acute Pain Therapies**

310 116th Avenue N.E, Suite A  
Bellevue WA  98004  

phone: 425.440.3351  
fax: 425.440.3439  
www.acutepaintherapies.com  

Providers:  
Zach Fisk MD

### Bellevue (Southwest)
**Seattle Neuropsychiatric Treatment Center (SeattleNTC)**

1450 114th Ave SE, Suite 110  
Bellevue WA  98004  

phone: 206.467.6300  
fax: 206.467.6301  
www.seattlentc.com  

Providers:  
Jesse Adams MD  
Rebecca Allen MD MPH  
Joshua Bess MD  
Steve Brogdon MD  
Ki Won Nam MD

### Issaquah
**Wadsworth Psychiatric Services**

6520 226th Place SE, Suite 203  
Issaquah WA  98027  

phone: 425.222.1000  
fax: 425.651.2973  
www.psychsvc.com  

Providers:  
Brett Wadsworth ARNP  
Jeanne Wadsworth ARNP

### Seattle (Capitol Hill)
**Seattle Counseling Service**

1216 Pine St, Suite 300  
Seattle WA  98101  

phone: 206.323.1768  
fax: 206.323.2184  
www.seattlecounseling.org  

Providers:  
Deidre McHugh ARNP

### Seattle (Rainier Valley)
**Asian Counseling and Referral Service**

3639 Martin Luther King Jr Way S  
Seattle WA  98144  

phone: 206.695.7600  
fax: 206.695.7606  
www.acrs.org  

Providers:  
Evan Kanter MD

### Everett
**True Hope Psychiatric Services**

3426 Broadway, Suite 201  
Everett WA  98201  

phone: 425.259.4037  
fax: 425.449.4091  
www.ehr.wrshealth.com/live/patient_v2/index.php  

Providers:  
Sandra Carrier ARNP

### Bremerton
**Kitsap Mental Health**

5455 Almira Dr NE,  
Bremerton WA  98311  

phone: 360.415.5822  
www.kitsapmentalhealth.org  

Providers:  
Marvin Hoffert MD

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According to Johnson & Johnson Spravato™ Provider website as of October 10, 2019.
Spravato™ – By Location

**Poulsbo**
Pacifica Medicine and Wellness

19980 10th Ave NE, Suite 202
Poulsbo WA  98370

phone: 360.979.0569
fax: 877.805.9505
www.pacificamedicine.com

**Providers:**
Marie Matty MD

**Silverdale**
Harrison HealthPartners Center for Mental Health

9633 Levin Rd NW, Creekside II, Suite 103
Silverdale WA  98383

phone: 360.337.8200
fax: 360.337.6956
www.chifranciscan.org

**Providers:**
John Gonsulin MD

**Centralia**
Cascade Mental Health Care

2428 West Reynolds Ave,
Centralia WA  98531

phone: 360.330.9044
www.cascadementalhealth.org

**Providers:**
Roy Schlegel MD

**Spokane Valley**
Fred Itveldt ARNP

1005 N Pines Rd, Suite 310
Spokane Valley WA  99206

phone: 509.707.8581

**Providers:**
Fred Itveldt ARNP

According to Johnson & Johnson Spravato™ Provider website as of October 10, 2019.
ECT – By Location

**Bellevue (Overlake)**
Overlake Medical Center
1035 116th Ave NE
Bellevue WA 98004

phone: 425.688.5796
www.overlakehospital.org/department/psychiatric-services

Note: outpatient only, 2pm start time

Providers:
Pat Mathiasen MD

**Issaquah**
Swedish Medical Center/SeattleNTC
751 NE Blakely Dr
Issaquah WA 98029

phone: 206.467.6300
fax: 206.467.6301
www.seattlentc.com

Note: inpatients and outpatients, 7:30am start M/W/F

Providers:
Joshua Bess MD, Steve Brogdon MD, Ki Won Nam MD

**Seattle (First Hill)**
Harborview Medical Center
325 9th Ave
Seattle WA 98104

www.uwmedicine.org/locations/harborview-medical-center

Note: inpatients only

Providers:
Amelia Dubovsky MD, John Neumaier MD

**Seattle (Ballard)**
Swedish Medical Center/SeattleNTC
5300 Tallman Ave NW
Seattle WA 98107

phone: 206.467.6300
fax: 206.467.6301
www.seattlentc.com

Note: inpatients and outpatients, 7:30am start M/W/TH/F

Providers:
Jesse Adams MD, Rebecca Allen MD MPH, Leigh Brown DO, Hisam Goueli MD, Kenneth Melman MD

**Seattle (Northgate)**
UW Northwest Hospital & Medical Center
1550 N 115th St
Seattle WA 98133

phone: 206.368.6678
fax: 206.368.6679
www.nwhospital.org/medical-services/geropsychiatric-center

Note: early AM treatments, M-F

Providers:
William Solan MD, Robin Kang MD

**Spokane**
Providence Sacred Heart
101 West 8th Ave
Spokane WA 99204

phone: 509.474.3131
fax: 509.474.4526
www.washington.providence.org/services-directory/services/

Note: inpatients and outpatients

Providers:
Saj Ravasia MD, Eric Cohen MD

**Bellingham**
PeaceHealth St. Joseph Medical Center
2901 Squalicum Pkwy
Bellingham WA 98225

www.peacehealth.org/st-joseph/services

Note: No new patients, only a few established patients

Providers:
Hank Levine MD
**ECT Resources**

**Online Videos:**

**Dartmouth-Hitchcock ECT Video**  
~10 min  
https://tinyurl.com/DartmouthECT  
(https://youtu.be/-T0mwzXHqyI)  
Excellent, straight-forward description.

**Michigan Medicine ECT Video**  
~7 min  
https://tinyurl.com/MichiganECT  
(https://medicine.umich.edu/dept/psychiatry/programs/neuromodulation/electroconvulsive-therapy)  
Well-done video. Patient is a little atypical, but procedure is described well.

**Gold Coast Health (Australia): ECT – The Whole Story**  
~8 min  
https://tinyurl.com/AussieECT1  
https://youtu.be/IjoS31JC0As  
This video and its companion video (below) are excellent!

**Gold Coast Health (Australia): ECT – The ECT Journey**  
~6 min  
https://tinyurl.com/AussieECT2  
https://youtu.be/HEot7ow3yfk  
This video and its companion video (above) are excellent!

**ECT – Let’s Talk About It**  
~16 min  
https://tinyurl.com/AussieECT3  
https://youtu.be/ZYCjz-6iEW4  
Really excellent, patient-forward video from a well-regarded group in Sydney NSW, Australia.

**TED Talk – Sherwin Nuland: How electroshock therapy changed me**  
~22 min  
http://tinyurl.com/TEDTalkECT  
Often recommend to patients. Patient/speaker is a physician. Does not show procedure.
ECT Resources

BBC: Why are we still using electroconvulsive therapy?
~13:30

http://tinyurl.com/BBCECT
(http://www.bbc.co.uk/news/health-23453426)

This video is, in some ways, the best out there. But it has some issues as well. On the plus side, the patient testimonials are quite moving and realistic. Also, the doctor said he has told his friends/colleagues that he wants ECT if he is ever so ill. On the downside, it is very British and there are a lot of references to WHO gets ECT that don’t apply to the US and especially not to the US ECT population. For example, though laws vary state-by-state, ECT is infrequently given to someone who is unable to consent. Also, it has the same ECT opponent psychiatrist as the Australian video.

Max Fink Video
~8 min

http://tinyurl.com/MaxFinkECT
(http://www.youtube.com/watch?v=1JG9eOsjaZy&feature=youtu.be)

Video is very dated. But: 1) Max Fink is the father (or at least the uncle) of modern American ECT, and 2) it has a good depiction of the procedure.

MSNBC/Swedish ECT Segment
~3:30

http://tinyurl.com/MSNBCECT
(http://www.nbcnews.com/id/26044935/#.UvrVtLQ6t6V)

Dr. Ken Melman and Swedish ECT staff were part of this news segment. Procedure section is a demonstration, the “patient” is one of our ECT nurses.

ECT Segment from PBS Documentary Ride The Tiger
~3:00

https://tinyurl.com/TigerECT
(https://youtu.be/dLajvMhwzHc)

Whole show is great! ECT scenes in this segment also feature team from Michigan Medicine.

Lakeside Behavioral Health (TN) Videos
~6 min (overview) and ~7 min (technical)

http://tinyurl.com/TNECTVid
(http://lakesidebhss.com/treatment/neuroscience-center/ect/)

This stuff is great! Both videos are complete, offer a huge amount of information. They basically cover all of the things that we cover with patients to get “informed consent” and more. Great examples and explanation of the memory problems. There is a fair amount of “talking head/professor” and it does not show the full treatment beginning to end.
# ECT Resources

**Books:**

| ![Shock](image1.png) | *Shock* – Kittly Dukakis and Larry Tye  
http://amzn.com/1583332839 |
| --- | --- |
| ![Will-I-Ever-Be-the-Same-Again](image2.png) | *Will I Ever Be the Same Again? Transforming the Face of ECT (Shock Therapy)* – Carol Kivler  
http://amzn.com/0984479902 |
| ![Electroconvulsive-Therapy](image3.png) | *Electroconvulsive Therapy: A Guide for Professionals & Their Patients* – Max Fink MD  
http://amzn.com/0195365747 |

This one is very compact/brief and relatively jargon-free.